

**NWA AREA OF NARCOTICS ANONYMOUS MINUTES
AUGUST 10, 2019**

***** STILL IN NEED OF ASC NOMINATIONS FOR POSITIONS LISTED BELOW *****
ASC Treasurer-in-Training (2 years - non voting), HIPPR Chair (2 years)

General Business began at 11:30 AM (Hosted by New Beginnings)

Open with Serenity Prayer, 12 Steps (waived), Traditions, Concepts

Group Roll Call:

Coffee Pot NA Meeting	Henry W./Doralene D.	PRESENT
Final Frontier	Chuck B./Laurel B.	PRESENT
Living Clean	Scott H./Jack	PRESENT
New Beginnings	Dyanne EC./Pamela C.	PRESENT
New Life	Jennifer G./Scott	PRESENT
Peaceful Dozen	Grady H.	PRESENT
Second Chance Group	Brenda S./Ken F.	ABSENT

Quorum (6 out of 7)

Administrative Officers Roll Call:

Chair	Frank M.	PRESENT
Vice Chair	Debbie W.	PRESENT
Treasurer	VACANT	---
Treasurer in Training	VACANT	---
Secretary	Vicky	ABSENT
RCM	Wendy B.	PRESENT
RCM Alt	Janis W.	PRESENT
Activities	VACANT	---
HIPPR	VACANT	---
Webmaster	Alicia A.	PRESENT
Guidelines Ad-hoc	Debbie W./Janis W.	PRESENT
Literature Writing Ad-hoc	Janis W.	PRESENT
ARSCNA Convention Merch.	Chuck B.	PRESENT

Secretary Report: Alicia A. read minutes and passed with amendment to correct vote for RSC motion #6 from July ASC minutes old business (the motion should say that it FAILED).

Treasurer's Report: Given by Debbie W. \$4959.93 = Spendable \$4251.93 + \$708 Prudent reserve. See attached ending balance and year end final report.

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RCM: Report given by Wendy B. Report attached.

Subcommittee Reports:

- **Literature:** Report given by Frank. \$72.30 sold since last ASC and the check has been given to the treasurer.. The literature is still at my house. Literature bank acct at Arvest was closed and \$515.06 deposited in the primary bank acct.
- **HIPPR:** No report.
- **Activities:** Report given by Debbie. See attached.
- **Web:** Report given by Alicia. Events and meetings have been updated on the website. A map with pins for each meeting were added to the meeting page. Each meeting address now has a hyperlink so that if you click on it, it will direct you automatically to google maps. If you can please test it from an apple device that would be great. I know it works from an Android.
- **Literature Writing Project Ad-hoc:** Report given by Janis W. This cycle's set of principles have been posted for review and input is out and can be accessed online at na.org/spad. I continue to post them in the FB group and mix in other principles to keep it from being redundant. Contact Janis if you have any questions.
- **Annual Guidelines Review Ad-hoc:** No report. No upcoming meeting scheduled. Contact Janis with any suggestions.
- **Regional Convention Merchandise:** Report given by Chuck B. See attached. Next meeting is August 20th after Living Clean.

GSR Reports: Given and Attached.

Old Business:

- **Motion 1:** Hold \$3k in ASC account to determine if we can use it within our Area.
 - **Intent:** Spread the message. **WITHDRAWN BY MAKER**
- **Motion 2:** Spend \$100 to donate literature to new Siloam Springs meeting
 - **Intent:** support new meeting. **PASSED**

Open Share:

- Minutes need to be updated from last month so we can update the signers on the bank account.
- Scott - I'm sure that Jeannette and Derik want to be removed and not left on there.
- Frank - They will be removed.
- Dyanne - I'm interested in doing some PR projects such as books in the library, events for professionals, etc. I am not interested in HIPPR position.
- Henry - The treatment center reached out to another facility to see about availability for NA meetings to have another option for space. It didn't pan out, but the other fellowship in our clubhouse is trying to control who is attending their meetings. If you have experience, strength, and hope with this, please talk to me after the meeting.
- Debbie - Siloam Springs meeting averages 14 people per meeting and we are trying hard to un-mesh from the AA group. The meeting time was changed to 7:30 PM. They are having their first group conscious meeting today to discuss format, meeting name, and if they are able to join the NWA area.
- Chuck - Washington County jail contacted me. The chaplain is working to get mine and Ken's clearance renewed. They have a 2 year clean time requirement and orientation is mandatory. The population is primarily men with only one women's pod, so I wouldn't be going in to the women's side. They have requested to receive literature and specified they want JFT meditation books. They have plenty of Basic Texts.

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- Alicia - The Facebook group that this area is using is setup and run by someone who is not a trusted servant of this area and he is the only person who is the admin. I've asked to be added as an admin due to my web position and he said he would add me and now doesn't respond to me. We should consider this if we plan to continue to use it for "Area business" or as group that uses our Area's name. There's nothing currently going wrong in the group, but if the group is being used by the ad-hoc for literature review and other subcommittees we need to be aware of who is the admin and how it is being administered.
- Alicia - Please announce that there are other meetings in NWA at your home groups. I had a short conversation with someone just coming back and after giving him the Regional hotline and our website to find meetings, he said that he had gone to one of our meetings in the past, but "something happened" and he doesn't want to go there now. It's important for the newcomer and for unity that addicts know they can find recovery at more than just our homegroup.
- Alicia - I'm passing around an IDT (Issue Discussion Topic) that is available on na.org called "Building Strong Homegroups". It is a discussion topic that your homegroup can review and use as a group inventory to strengthen the group.
- Alicia - we have groups in our area that have issues with bleed over from AA or other fellowships. Our area recently adopted guidelines that say that flyers should have something identifying that it is an NA event. There are some flyers in other areas within our region that are being distributed that have nothing other than the group name or possibly the Area's name. Stating that it's an NA function is important and makes it clear when anyone sees the flyer.
- Grady - My group had an issue ordering literature from Lonestar Region. We called and left messages for almost 2 weeks with no luck. There were also issues with the website and we weren't able to get the literature that we needed. In case anyone wants to get some literature and have it delivered quickly, you can order through the Florida Region Service Office at <https://www.floridarso.org/>. They were quick to help us and the literature arrived in about 3 days. The shipping was cheaper too.
- Alicia - NA has a corporate acct setup with Office Depot. We get regular printing using this account for 2-3 cents per page. I will send the acct info the GSRs. Please distribute it only for NA business. It should not be posted publicly. If anyone needs it, please contact me.

New Business:

Motion #2

Maker of Motion: Chuck B.

Motion: To donate \$1,000 to the NWAANA ad-hoc committee for Regional Convention merchandise.

Intent: To augment current budget and allow the ad-hoc committee to complete the tasks assigned by ASC. **PASSED**

Policy Change: NO

Seconded by: Alicia A.

Motion #3

Maker of Motion: Chuck B.

Motion: To provide 50 Just For Today books for the Washington County Detention Center (roughly \$500). **Amended:** from HIPPR budget. **Intent:** Carry the message to those incarcerated at W.C.D.C.

PASSED

Policy Change: NO

Seconded by: Alicia A.

**NWA AREA OF NARCOTICS ANONYMOUS MINUTES
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Motion #1

Maker of Motion: Alicia A.

Policy Change: YES

Seconded by: Chuck B.

Motion: Update policy regarding prudent reserve and budgeting practices. (SEE ATTACHED)

Intent: Better budget our ASC funds for annual expenses.

PROPOSED CHANGES BELOW (REMOVING STRIKETHROUGH TEXT AND ADDING UNDERLINED TEXT) :

-----Treasurer:

At each regular NWAASC meeting, out of surplus funds, after a prudent reserve is maintained ~~(two consecutive ASC meetings expenses)~~, 15% shall be passed along the service structure. Any additional amount above 15% will require a majority vote of the ASC.

Prudent reserve includes:

- a. Two consecutive ASC monthly budget expenses; and
- b. Any funds set aside for an ASC approved ad-hoc or service project; and
- c. A sinking fund/accrual for all ASC budget expenses that are paid annually (ie: web hosting, storage, post office).

-----Budgets:

- a. Area Activities budget is \$4,000.00 annually. The primary purpose of this budget is to conduct the Beaver Roundup Campout (BRU), however the funds may be used to hold functions throughout the year as deemed necessary by the Area Activities Subcommittee. All monies in excess of \$4,000.00 at the end of BRU is to be deposited in the NWAANA main bank account.
- b. ~~Area Literature Subcommittee is to have a \$2,000.00 working budget. The money is to be used to purchase literature and supplies to be sold to the Home Groups or members at cost. Reimbursement for shipping expenses are set at \$300.00 annually.~~
- c. Area HIPPR budget is ~~\$2,000.00~~ annually \$165 monthly for operating supplies, (IP's, key tags, etc.).
- d. RCM budget is ~~\$1,000.00~~ annually \$250.00 quarterly (Feb, May, Aug, Nov) for travel expenses.
- e. Web budget is \$200.00 annually for hosting fee and domain registration.
- f. Additional costs of \$64.00 annually for a Post Office box and \$685.00 annually for a storage building has been authorized.
- g. Money for the hosting homegroup in the case that there is a rental fee for hosting the ASC meeting of \$50 monthly.

For _____ **Against** _____ **Abstain** _____

--- 15 MINUTE BREAK ---

NWA AREA OF NARCOTICS ANONYMOUS MINUTES
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Elections:

- **RCM** - Chuck B. - **ELECTED**
- **RCM Alt** - Scott H. - **ELECTED**
- **ASC Activities Chair** - Lindsey W. - **TABLED UNTIL NEXT ASC**

Nominations:

- **ASC Treasurer** - Janis W. nominated
- **ASC Treasurer-in-Training** - **NO NOMINATIONS**
- **HIPPR** - **NO NOMINATIONS**

Announcements:

- Monthly events:
 - 1st Friday potluck and fellowship-New Beginnings at Flagstone location
 - 3rd Sunday brunch-New Life at 12pm before speaker meeting at 1pm
 - Last Saturday potluck and speaker meeting at 6pm-Final Frontier
- 8/17/19 - Livin Clean hosting "Chicken Cookoff" @ Hickory Creek
- 8/20/19 - Regional Convention merchandise ad-hoc meeting @Living Clean AFTER meeting
- 9/1/19 - World Unity Day hosted by New Beginnings @ Park Springs Park - coffee/donuts @ 11am, meeting at noon
- 9/14/19 - Next ASC meeting @ New Life at 1:30p
- 9/20/19 - Eureka Springs "Coffee Pot meeting of NA" speaker meeting @ 5:30pm
- 10/5-7/19 - Light My Fire Campout @ Devil's Den Campsite D
- 6/26/2020 - 6/28/2020 - NEXT Beaver Round Up in Yellville
- New meeting in Siloam Springs - Thursdays at 7:30 pm (500 S Broadway, directly across from public library)

Upcoming Regional Events:

- **August 16-18:** (LR) Central Arkansas Area Convention
- **August 24:** 4:00pm (McRae) FUAACNA Karaoke in Recovery Dance & Mexican Potluck
- **August 24:** 8:00am (Cabot) Who We Are Horseshoe Tournament
- **August 30 - September 1:** (Barling) SFG Serenity Fall Gathering
- **August 30 - September 2:** (Norfolk) Chilidog Chowdown 29
- **September 1:** 12:00pm CST World Unity Day
- **September 7:** 2:00pm (Fairfield Bay) Barge Into Recovery
- **September 7:** 9:00am (Cabot) Who We Are Softball Tournament
- **September 7:** 10:00am (Percy) One Is Too Many End of Summer Bash
- **September 13-15:** (Morrilton) Serene at Petit Jean Campout
- **September 13-15:** (Mt Pine) Recovery in the Bush
- **September 21:** 3:00pm (Hot Springs) Genesis Group's 33rd Anniversary Party
- **September 28:** 9:00am (Searcy) FUACNA Softball Tournament
- **October 5:** 4:00pm (McRae) 3rd Annual NA Comedy Show
- **October 11-13:** (Paris) ARVANA Cove Lake Campout
- **October 18-20 :** (Hot Springs) Arkansas Regional Convention
- **October 20:** 3:00pm (Benton) HWOD Halloween Party
- **October 26-27:** (Ft Smith) Southern Zonal Forum
- **November 2:** 9:00am (ARVANA) Spiritual Principle a Day Literature workshop
- **November 2:** 10:00am (ARVANA) ARSCNA Business Meeting
- **November 15-17 :** ARVANA Women's Retreat 2019
- **January 17-19, 2020:** (Heber Springs) FUACNA Winter Convention
- **April 24-26, 2020 :** ARVANA Women's Retreat 2020

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Treasury Requests:

Annual Budgeted Items	2019 Total Budget	Starting Budget Balance Today	Treasury Requests/ Money Returned	Current Available Budget
HIPPR	\$2,000	\$1433.80	-\$500	\$933.80
RCM	\$1,000	\$662.39	+1.84 returned	\$414.23
Web domain & hosting	\$200	\$200	-\$200	\$0
Post Office	\$64	\$64	-\$64	\$0
Storage	\$685	\$685	-\$685	\$0

Account Balance: See Attached Report.

\$4959.93 Starting balance
 - \$2449.00 Expenses
 + \$844.20 Deposit
 \$3355.13
 - \$708 Prudent reserve
 \$2647.13
 - \$397.22 (15% RSC Donation)
 \$2249.91 New Spendable balance
 + \$708 Prudent reserve
 \$2957.91 Ending balance

Meeting adjourned @ 1:50 PM and closed with Third Step Prayer.

Next Area Business Meeting will be September 14th at "New Life" at 1:30 PM.

N.W.A.A.N.A. SERVICE COMMITTEE

MOTIONS TO ASC

Date 8/10/19 Motion Made By Alicia H. Motion # 1

Motion:

update policy regarding prudent reserve and
budgeting practices.
(see attached)

Intent:

Better budget our ASC funds for annual
expenses

Seconded CAS Passed _____ Failed _____ Tabled _____

To Group. 7m

Treasurer:

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- k. Web budget is \$200.00 annually for hosting fee and domain registration
- l. Additional costs of \$64.00 annually for a Post Office box and \$685.00 annually for a storage building has been authorized.
- m. Money for the hosting homegroup in the case that there is a rental fee for hosting the ASC meeting of \$50 monthly.

~~Add storage~~

N.W.A.A.N.A. SERVICE COMMITTEE

MOTIONS TO ASC

Date 8/10 Motion Made By Chuck B. Motion # 2

Motion: To donate \$1,000.00 to the ~~Regional~~
NWAANA Ad-hoc committee for Regional Convention
Merchandise.

Intent: To augment current budget and allow the ad-hoc
committee to complete the tasks assigned by ASC.

Seconded AW Passed Failed Tabled

N.W.A.A.N.A. SERVICE COMMITTEE

MOTIONS TO ASC

Date 8/10/19 Motion Made By Chuck B. Motion # 3

Motion:

To provide 50 Just For Today books
for the Washington County Detention Center,
(Roughly \$500). From HIPPIR Budget.

Intent:

Carry the message to those incarcerated at W.C.D.C.

Seconded AK Passed ✓ Failed _____ Tabled _____

**NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.**

Date:	8-10-2019
Group Name:	Coffee Pot Group of NA
GSR Name:	Henry W
GSR Alt Name:	Doraleen D

Donation to ASC	65 ⁰⁰	Check number	553	Date	8-9-19
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Meeting List

	Place	Time	Type
Sunday			open
Monday	Coffee Pot	7:00 pm	Chairs Choice
Tuesday			
Wednesday			
Thursday			open
Friday	Coffee Pot	5:30 pm	Chairs Choice
Saturday			
Total Meetings	8/mo	Total # of people	18
		Total # of new people	10

Activities report:
N/A
Changes in group trusted servants:
N/A
Positive experiences your group would like to share:
moderate growth, improvement in staying true to NA clarity statement
Any concerns or problems your group is experiencing?
Discussions with AA Group and clubhouse treatment center attendees
Any upcoming birthdays?
N/A

**NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.**

Date: <u>8/10/19</u>
Group Name: <u>Final Frontier</u>
GSR Name: <u>Lance B.</u>
GSR Alt Name: <u>Chuck B.</u>

Donation to ASC <input checked="" type="checkbox"/>	Check number	Date
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Meeting List			
	Place	Time	Type
Sunday			
Monday			
Tuesday			
Wednesday	<u>VA. Bldg. 44</u>	<u>7:30</u>	<u>L, O, H</u>
Thursday			
Friday			
Saturday	<u>VA. Bldg. 44</u>	<u>7:30</u>	<u>D, O, H</u>
Total Meetings	<u>2/wk</u>	Total # of people	<u>7-8 per mtg.</u>
		Total # of new people	<u>10</u>

Activities report: <u>N/A</u>
Changes in group trusted servants: <u>N/A</u>
Positive experiences your group would like to share: <u>New people at meetings.</u>
Any concerns or problems your group is experiencing? <u>We could use more support (attendance).</u>
Any upcoming birthdays?

NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.

Date: 8.10.19
Group Name: Living Church
GSR Name: Scott H.
GSR Alt Name: JACK H.

Donation to ASC —	Check number	Date
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Meeting List			
Place	Time		Type
Sunday	8pm		CHAIR Choice
Monday	↓		open
Tuesday	↓		↓
Wednesday	↓		↓
Thursday	↓		↓
Friday	↓		↓
Saturday	↓		↓
Total Meetings	7 a week	Total # of people 398	Total # of new people 8

Activities report: ~~Patrick P is our new Secretary~~

Changes in group trusted servants: Patrick P is our Secretary now

Positive experiences your group would like to share: chicken Cook off is finalized and all is ready, T-shirts, banners, and speaker all secured

Any concerns or problems your group is experiencing?

Any upcoming birthdays?

**NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.**

Date:	8-10-19
Group Name:	New Beginnings
GSR Name:	Dyanne E. O'J
GSR Alt Name:	Pam L.

Donation to ASC	0	Check number	Date
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Meeting List			
	Place	Time	Type
Sunday	—	—	—
Monday	—	—	—
Tuesday	220 NW A St Buntoville	7am	OD
Wednesday	3801 SW Eden Brooke St	Noon	OD
Thursday	220 N.W. A St	7pm	BT study
Friday	3801 SW Eden Brooke St	7pm	OD
Saturday			
Total Meetings	4	Total # of people	10
		Total # of new people	5

Activities report: 1st Friday Potluck was held on 8/2/19. I did not attend. We will have a Unity Day Event on 9/1/19 - Donuts, coffee, Serenity Prayer at Noon

Changes in group trusted servants:
None

Positive experiences your group would like to share:
we had 30 people in attendance on Tuesday 8/14/19

Any concerns or problems your group is experiencing?
None

Any upcoming birthdays?
Not that I know of!

**NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.**

Date: <u>8-10-19</u>
Group Name: <u>New Life</u>
GSR Name: <u>Jennifer G</u>
GSR Alt Name:

Donation to ASC <u>100.00</u> Check number <u>1225</u> Date <u>8-10-19</u>
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	Meeting List	
<u>Alano Club Fay</u> Place	Time	Type
Sunday	<u>1pm</u>	
Monday	<u>12 noon</u>	
Tuesday	<u>7pm</u>	
Wednesday		
Thursday	<u>7pm</u>	
Friday	<u>10pm</u>	
Saturday		
Total Meetings <u>21</u>	Total # of people <u>489</u>	Total # of new people

Activities report:
<u>Life My fire</u>
Changes in group trusted servants:
<u>Alt GSR has not been present</u>
Positive experiences your group would like to share:
<u>Still growing</u>
Any concerns or problems your group is experiencing?
<u>Still looking for new meeting place</u>
Any upcoming birthdays?
<u>IDK</u>

NORTHWEST ARKANSAS AREA OF N.A.
GROUP SERVICE REP. REPORT TO A.S.C.

Date: 8-10-19
Group Name: Peaceful Dozen
GSR Name: Grady H
GSR Alt Name: Brandie M

Donation to ASC 90.00	Check number 1434	Date 8-5-19
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Meeting List

	Place	Time	Type	
Sunday	st Andrews	4:30	open discussion	
Monday		6:30	business	
Tuesday				
Wednesday		6:30	JFT	
Thursday				
Friday		6:30	open discussion	
Saturday		6:30	open discussion	
Total Meetings	20	Total # of people 508	Total # of new people 10	

Activities report:
None
Changes in group trusted servants:
None
Positive experiences your group would like to share:
More new people
Any concerns or problems your group is experiencing?
None
Any upcoming birthdays?

Ad Hoc Regional Convention Merchandise Committee Report

We are still working with a \$1500 budget and after looking at costs for the following items...

- Shirts (varied colors and styles) ~120 shirts
- Coffee mugs
- Travel mugs
- Specialty auction items (Men's hoodie, women's hoodie, panties, banana hammock, etc.,)

...and getting some initial pricing, we will need to do some fundraising; roughly another \$800-\$1000.

We have Custom Tees and Graphics working on a new logo that more aptly reflects the theme of 12 steps, 12 traditions, 12 Annual Arkansas Regional Convention. They should have a proof by early next week (8/12 – 8/13). The graphic setup will be free if we use them for the other merchandise.

The next committee meeting is to be determined at the ASC today. Tentatively set for August 20th after the regularly scheduled Livin' Clean meeting – pending approval from the Livin' Clean group.

In loving service,

Chuck B.

Secretary

August 10, 2019

NWAANA Activities Report

Bank account made the payment of 2020 Group Sites and Pavillion Costs to US Government for BRU for \$650.00.

New Life Group Made full payment of the quilt for \$900.00

NWAANA paid for 2019 profits in activities Account of \$3,442.16

Closing Bank Balance for Activities is \$4,850.00.

Waiting on election of New Activities Chairperson – hopefully today.

ILS

Debbie W.

Approved 8/10/19

* RSC hosted by ORACNA 8/3/19 : requesting reimbursement of \$248.16

*Workshop: "Hospitals and Institutions"- brainstormed presentation topics and generating service support

*Reports:

-RD: Dyanne E-C - SZFNA.ORG; last SZF at Lexington, KY 7/27-28/19, workshops on Building Strong Home Groups, Who's Missing, and MAT/DRT; next SZF at Ft. Smith, AR 10/26-27/19, workshops on Mentoring in Service, Strategic Planning Basics, and Implementing Project Based Service - flyer attached; ZOOM attendance option

-RCMs:

ARVANA- Terry B.- Cove Lake 10/11-13/19; ASC treasury consolidated for accountability.

CASCNA- David H.- Central's convention 8/16-18/19

CRANA- Lacrisha S.- report in minutes

FUANA- Mark M.- absent; flyer for 8/24/19 attached

NWAANA- Wendy B.- report attached

ORACNA- Dennis- literature store opening soon

LONER- A.W.O.L., Harrison, AR- Ryan- groups cooperating for Baxter Co. Jail H&I; Freedom Float 2020 location TBD, 4/17-19/20; added attached "predatory behavior" statement to group format

*Old Business-

-Elections: Passed- Alicia, HI/PR

Tabled-Eddie, Chair; Zenia, Secretary; Twana, Phonelines

Nominations- Laurel, Treasurer; Wendy B., Policy & Procedure

Open- Vice-Chair, Secretary in training, Treasurer in training

Vacant- Literature Review, Outreach

-Motions: guideline amendment- PASS, discontinue Convention- FAIL

*Open Share- effective communication (see re-attached flyers); mentoring/ continuity in service

*Subcommittees:

- Phonelines- Twana- ZOOM training available by request

phonelines@arscna.org; RCMs coordinate ASCs; re-train every 2 yrs

- Outreach- Eddie- starter packs available; Camden group present at RSC

-Convention- Jeff- all lined up!

-HI/PR- Alicia- BMLT in process; use meetings@arscna.org

-Ad-hoc- Alicia- social media guidelines in process; facebook.com/arscna

*Treasury- start \$82.33, end \$153.33 plus prudent reserve

***New Business:**

- Motion# 080319-1 : eliminate vacant subcommittee positions and go to Project Based Service ((exact wording TBA))

*** Convention 2021 bids due next RSC**

***Next RSC at ARVANA November 2nd 2019**

NWAANA

naofnwa.org

8/3/19

***7 groups // 27 meetings/week = meeting list attached=**

- Coffee Pot Group of NA, Eureka Springs has joined ASC
- Siloam Springs group begun with RSC starter pack and \$100 ASC donation

***Total donation : \$357.25**

***ASC : elections held -- Chuck B. RCM, Scott H. RCM Alt., Frank M. Chair, Debbie W. Vice-chair**

- all nominations for RSC positions passed
- RSC motion #050419-1 passed- guideline change
- RSC motion #050419-6 failed- discontinue convention

***Subcommittees :**

- Activities : Beaver Roundup 36 held June 28-30th
- HIPPR : H&I- Decision Point, 2x/wk; NWACCC, 1x/wk
Phonelines- Region Chair hosted workshop in Fayetteville 7/7/19; 2 NWAANA members added
PR- low participation for PR flyer day; in transition for leadership
- Web : usage increasing
- Literature : dissolved
- Guidelines Ad Hoc : HIPPR and Web guidelines added; annual review in process
- Literature Ad Hoc : Spiritual Principle a Day via Facebook
- Merchandise Ad Hoc : report attached

***Upcoming Events :**

- August 17 : Livin' Cleans 10th Annual Chicken Cook Off
- September 1 : New Beginnings World Unity Day - flyer attached

***Ongoing Events :**

- Final Frontier- last Saturday potluck @ 6/ speaker @ 7:30
- New Beginnings- First Friday's Food, Fun, & Fellowship @ 7
- New Life- 3rd Sunday brunch before 1:00 meeting



Is Coming to the ARSCNA Region

October 26-27, 2019

In Fort Smith, AR

October 26, 2019

8:00am-9:00am Recovery Meeting

9:15am -5:00pm Workshop(s)

Halloween dance/Chili cook-off - 6pm-12am

(Bring your costumes! There will be a contest!)

October 27 8:00am-9:00am Recovery Meeting

9:15- Noon Southern Zonal Forum Business Meeting

Hotel Information:

Best Western Aspen Hotel

2900 South 68th Street

Fort Smith, AR

479-452-9000

Guest Rooms will be 55.00 per night, you may request room types however they may not be guaranteed. Please note, rooms are subject to applicable taxes. Mention Southern Forum for block room rate.

Conference room will be free of charge if we meet the room block of 20 rooms.

Contact Dyanne E.C. 479-561-9162

Or Glynn W. 870-365-6527

For any assistance

FUAACNA

Karaoke in Recovery

Dance

And Mexican Potluck



August 24, 2019

4 pm - 10 pm

McRae Community Center, Hwy. 367, McRae, Arkansas

Speaker Chuck B from Fayetteville, AR

*Come show off your talents and bring your favorite Mexican dish and
lets sing and dance into the evening.*



\$5 a person / no addict turned away

\$5 for one person to enter the Karaoke contest

\$10 for groups of 2 or more. So get your sponsee

family together and sing and dance

For more info contact:
Kathleen S 501-366-8429

or

Dawn M 501-230-9315

Dinner at 5 pm

Show at 6 pm

Speaker at 7ish

Dance to Follow



Safety Statement

We strongly discourage any harassment, threats, or disturbing behavior before, during, and after our meetings. This includes unwelcome sexual and romantic advances towards members, especially newcomers. Our meetings are for sharing NA recovery. It is the responsibility of all group members to help maintain an atmosphere in which every addict is safe to recover. If you feel harassed or threatened, share your concerns with the meeting leader or a trusted servant.

Adapted from IP #29: An Introduction to NA Meetings



Building Strong Home Groups Worksheet



This worksheet is meant to help NA members strengthen their home groups. Use it in your group business meetings to find ways to grow and improve. The idea of longer business meetings isn't always appealing. If needed, the group can schedule an extra business meeting or have a get-together on a separate day. In a spirit of giving, a little extra time goes a long way to strengthen the group so it can better carry the message. To make the process quick and smooth, hand out copies of this sheet in advance and try to get as many group members as possible involved. The worksheet includes a list of home group qualities in three categories on the back of this page.

1 Identify Areas for Group Improvement

For each category (*see list on the back of this page*), members can choose one or two items the group can improve, before or during the business meeting. Compare lists or vote. Address the top issues, one at a time.

2 State the Issues

The group should briefly discuss what needs to be improved in each area they chose, one at a time. Remember, keep it simple! Don't get too wrapped in the problem; move into the solution.

3 Brainstorm Solutions

As a group, discuss solution ideas. Remember, there are no bad ideas and there is no need to debate. One idea that won't work might lead to another that will. Focus on ways to make progress; don't worry about being perfect. Small improvements are better than no improvements.

4 Choose the Solutions

Choose the ideas that most members agree on. If needed, this can be done by a simple vote.

5 Make Decision(s)

From the brainstorming, look for simple, practical actions the group can take to implement the solutions. Be specific about *who* will carry out the action, and *how* it should be done.

Example

Area for improvement: Practices – Public Relations

The issue: meeting facility complains about noise and mess after our meetings, and they never know who to talk to about the problem.

Brainstorming/choosing the solutions (votes):

- let people know about noise (2)
- announce in meeting format (5)
- also mention trash/cig butts (3)
- have someone stay to clean up (5)
- give the facility phone numbers (4)
- have someone check in monthly (5)

Decisions:

- Add statement to meeting format about keeping noise and mess down.
- Group secretary will give facility our contact info and check in monthly.
- Get a “clean-up” person each month to make sure we don't leave a mess.

Ideals	Principles demonstrated by the group and its members
	<ul style="list-style-type: none"> <input type="checkbox"/> Consistency and Commitment – People can count on our meeting and trusted servants. <input type="checkbox"/> Spirit of Service – Members serve willingly with gratitude for NA. <input type="checkbox"/> Benefits of Service – Trusted servants demonstrate growth that comes with service. <input type="checkbox"/> Principles in Action – Members live NA principles and share about them in our meetings. <input type="checkbox"/> Positive Perspective – The group and members dream big and share our successes. <input type="checkbox"/> Intimacy and a Sense of Home – We help all members feel like a part of the fellowship. <input type="checkbox"/> Other _____
Practices	How strong home groups operate
	<ul style="list-style-type: none"> <input type="checkbox"/> Safe and Positive Environment – Our format keeps us focused on recovery. <input type="checkbox"/> Teaching Principles – The group discusses the steps, traditions, and literature. <input type="checkbox"/> Self-Support – Members give time and resources freely to support the message. <input type="checkbox"/> Good Public Relations – Our group reflects well on NA as a whole. <input type="checkbox"/> Encourage Diversity – The meeting reaches all newcomers and welcomes them home. <input type="checkbox"/> Nurture All Members – Group members are supportive and challenge each other to grow. <input type="checkbox"/> Other _____
Roles	How a group interacts with NA and the community
	<ul style="list-style-type: none"> <input type="checkbox"/> Evolves with Members – Members’ personal growth strengthens the group. <input type="checkbox"/> Establishes a Network – Our group puts newcomers in touch with experienced members. <input type="checkbox"/> Gateway to Service – Members introduce newcomers into group service, then beyond. <input type="checkbox"/> Model of Service – Our group prepares trusted servants to work well at other levels. <input type="checkbox"/> Unity and Credibility – We work with other groups and ASC in a spirit of cooperation. <input type="checkbox"/> Positive Message – Group members are an example of NA changing lives for the better. <input type="checkbox"/> Other _____

Group Notes (use extra paper if necessary)

- ① **Area for improvement** _____
- ② **The issue** _____

- ③ **Brainstorming** _____

- ④ **Choosing the solutions** _____

- ⑤ **Decisions** _____

“VISION of HOPE”
SERENE @ PETIT JEAN
11th ANNUAL 2019 CAMPOUT
SEPTEMBER 13th, 14th, & 15th
PETIT JEAN MOUNTAIN
MORRILTON, AR. Pavilion “A”

AGENDA SUMMARY-----

FRIDAY SEPT 13 th -	2 p.m.	REGISTRATION
	8 p.m.	SPEAKER/MEETING
SAT. SEPT 14 th -	9 a.m.	on your own, hiking site seeing, etc
	12 p.m.	open discussion meeting
	1:30 p.m.	workshop
	3 p.m.	Fish Fry
	6 p.m.	50/50 raffle
	6:30 p.m.	Auction N.A. items
	8:00 p.m.	Speaker/Meeting
	9:00 p.m.	Recovery Countdown
	9:30 p.m.	Clean Up

For more info call- **Ricky L.- 501-339-1549**

ZOMBIE FUN RUN

benefiting the SNL
New Year's Eve Bonfire

SUN 27 OCT

5pm registration

5:30pm run for your life!

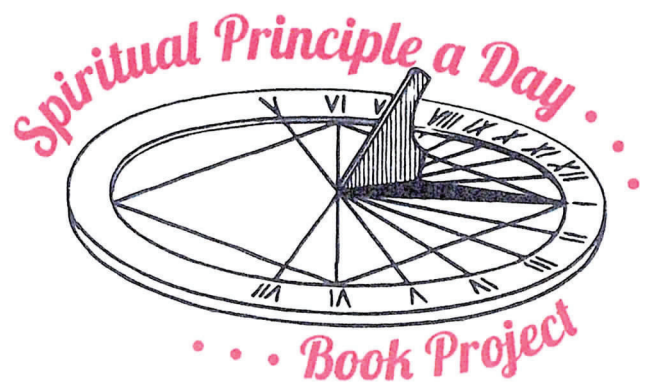
Kick-ass
T-shirts
+ registra-
tion
deets
to come!

INFO -

Heather
501 442 3786

Ian
501 414 6987

We've got a new book in the making!



*compiling our experience
with applying spiritual
principles in our daily lives*

Visit the landing page for the Spiritual Principle a Day (SPAD) Book Project at www.na.org/spad where you'll find:

- Principles and quotations to inspire you to write on your own or host workshops
- The first batch of draft materials in need of your review and input (R&I)

Review and input deadline: 1 September 2019

Download the first batch of drafts and tell us what you think. We've drafted 48 entries—twelve each on unity,

NEW BEGINNINGS GROUP PRESENTS...



WORLD UNITY DAY

Park Springs Park

300 NW 10th Street, Bentonville, Arkansas

SEPTEMBER 1ST, 2019
DOUGHNUTS & COFFEE AT 11AM
MEETING AT 12PM



www.ndofnwg.org

Contact: C.R. H. 619-496-8111

Genesis Group's 33rd Anniversary Party

Saturday Sept. 21, 2019

Doors open at 3pm

Out of this world theme

Chili cook-off

Group will provide chips, cheese and other sides
for chili.

Workshop on

"applying traditions in relationships"

Dinner at 6pm.



Raffle, auction,

Main speaker at 8pm

Dance

RECOVERY IN THE BUSH

join us @ Three Sister's Camp Ground on Sep 13th-15th

GREAT SPEAKERS, BBQ, GAMES, MEETINGS

Registration Fee: \$35 for Couples \$20 for Singles

Price include meal on 14th at 4pm BBQ

To pre-register contact Shannon C.501-282-2260

Horseshoes, Volleyball, and Swimming

Friday the 13th

Speaker @ 7pm

Twana N.

Game Night + Fellowship After Speaker

Saturday 14th

Floating Meeting @ Noon

BBQ @ 4pm

Auction @ 5:30pm

Speaker @ 7pm

Terry B.

Night Fellowship Meeting @ 10pm

**SQUARE PEG
ROUND HOLE
2019**

Stock
Getty Images



Recovery In The Bush Registration Form

Individual 1

First Name _____

Last Name _____

Cell Phone _____

Work Phone _____

Email _____

Individual 2

First Name _____

Last Name _____

Cell Phone _____

Work Phone _____

Email _____

Registration Fee
(see below): _____

Registration Fee (Includes BBQ meal on 14th):

\$20 for Individuals

\$35 for Couples

Pricing:

Anyone wanting to Rent a Cabin must call (800) 264-2441 to make reservations!!!

Campsites—\$30

RV Sites—\$35/night

Camper Cabin—\$65/night

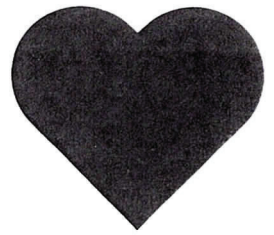
2 Bedroom Cabin—\$190/night

3 Bedroom Cabin—\$240/night

Cabins and Campgrounds are limited so please Reserve yours Soon!!!

Square Peg Round Hole NA
For More Information, Contact: Shannon C.
(501) 282-2260





CHILIDOG CHOWDOWN 29

"Playin' the hand we're dealt."

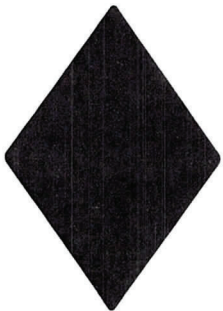
August 30 - September 2, 2019

Quarry Park Lake Norfolk

For more details
about this event,
contact Smurf at
870-656-4078.

Itinerary
TBA

- Chili Cooking Contest
- Camping
- Fishing
- Meetings
- Speaker Meetings
- Auction/Raffle (bring items)
- Bingo

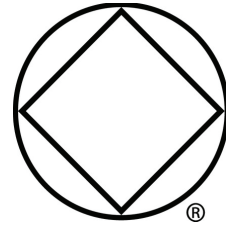


Registration: \$20 or
\$35 (includes t-shirt)

We've got the whole mountain to ourselves.
Let's make it the biggest event yet!



NEW



**ARKANSAS
REGIONAL
CONTACT
EMAILS**

**MEETING UPDATES / CHANGES:
MEETINGS@ARSCNA.ORG**

**PHONE LINE WORKSHOP
INFORMATION / QUESTIONS:
PHONELINE@ARSCNA.ORG**

**H&I / PR / SOCIAL MEDIA:
PR@ARSCNA.ORG**



DRUG



PROBLEM?

**CALL SOMEONE
WHO HAS BEEN THERE**

**ARKANSAS REGION
NARCOTICS ANONYMOUS**

**24 HOUR HELPLINE
(800)338-8750
WWW.ARSCNA.ORG**

**THE NARCOTICS ANONYMOUS MESSAGE
is that ANY addict can stop using drugs,
lose the desire to use, and find a new way to live.**